<table>
<thead>
<tr>
<th>What I’m Taking</th>
<th>Reason for Use</th>
<th>Form (pill, patch, liquid, injection, etc.)</th>
<th>Dosage</th>
<th>How Much &amp; When</th>
<th>Use (regularly or occasionally)</th>
<th>Start/Stop Dates (1/10/05 - 1/24/05)</th>
<th>Notes or Special Directions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amoxicillin</td>
<td>infection</td>
<td>tablet</td>
<td>500mg</td>
<td>1 tablet 2 times/day</td>
<td>regularly or occasionally</td>
<td>4-13-06 to 4-23-06</td>
<td>finish all pills</td>
</tr>
<tr>
<td>Lipitor</td>
<td>cholesterol</td>
<td>tablet</td>
<td>10mg</td>
<td>1 tablet 1 time/day</td>
<td>regularly</td>
<td>ongoing</td>
<td>no grapefruit</td>
</tr>
</tbody>
</table>

My Personal Medication Record (example using labels above)
Most prescription drug pharmacy labels contain at least the following information:

- Name and address of the pharmacy as well as the name or initials of the dispensing pharmacist or the pharmacist in charge.
- The prescription identification number assigned by the pharmacy.
- The name of the patient.
- Any directions as may be stated on the prescription.
- The name, strength, and quantity of the drug dispensed (unless otherwise indicated by the prescriber).
- The name of the prescribing practitioner (Dr., dentist, nurse practitioner, veterinarian, etc).
- The date the prescription is dispensed.

In the case of a generic substitution, the label for each drug product shall include the product’s trade or brand name, if any, or its established generic name and that of the manufacturer, packer or distributor (using abbreviations if necessary).

When dispensing a generic drug, the pharmacist may include the brand name on the prescription label following the generic name. The brand name, however, shall be preceded with the word “sub,” indicating substituted for, or “IC” indicating interchanged for.

NOTE: Other optional information may appear and may include:
1) Refill information
2) The date that the prescription was originally written (DW)
3) The pharmacy and/or the prescribers phone number
4) Patient address