The AARP Livable Communities Agenda

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Recent PPI Publications

Housing
• Housing for Older Adults: The Impact of the Recession
• State Housing Profiles: Housing Conditions and Affordability for the Older Population
• Multigenerational Households are Increasing
• The Village: A Growing Option for Aging in Place

Transportation
• How the Travel Patterns of Older Adults Are Changing
• Policy and Design Considerations for Accommodating Low-Speed Vehicles and Golf Carts in Community Transportation Networks
• Planning Complete Streets for An Aging America
• Policy Options to Improve Specialized Transportation
Preceded by:

- Beyond 50.05 A Report to the Nation on Livable Communities: Creating Environments for Successful Aging (2005)
- Opportunities for Creating Livable Communities (2008)
- Preserving Affordability and Access in Livable Communities: Subsidized Housing Opportunities Near Transit for an Aging Pop (2009)
8000 Boomer Birthday Cakes—A Day!

Photo by interchangeableparts on Flickr.com
• Livability Index
• TOD Streetsfilm
• NHTS Publications:
  – Older non-drivers
  – Public Transportation Use
  – Travel Trends of Boomers
AARP in the States

“I LOVE THIS AARP DESIGNED STOP LIGHT.”
Human Services Transportation

- Nebraska
- Louisiana
- New Mexico

Photo by Jana Lynott
Would incorporate inclusive design features in new construction and substantial rehabilitation of residential housing that “permits a person with mobility disabilities to access housing.”

Focuses on all homes that have received federal, state, local, or county financial assistance.
AARP Federal Livable Communities Priorities

- Human Services Transportation
- Road Safety
- Housing programs for older adults
- Sustainable communities
Aging in Place: A State Survey of Livability Policies and Practices

Douglas Shinkle
National Conference of State Legislatures
Denver, Colorado
Aging in Place: A State Survey of Livability Policies and Practices
Land Use

- Certain land use policies can help older adults live closer to or within walking distance of the transportation and services they need.
  - Integrating land use and transportation planning
  - Transit oriented development
  - Encouraging joint use of community facilities
Land Use: Washington
State Example: Washington

"Washington’s Growth Management Act can help older citizens feel more comfortable outside without fear of being hit by a car, and could improve not only their physical health, but also their emotional and mental health. The policy may promote increased access to other modes of transportation."

-Washington Senator Rosa Franklin
Land Use: California
State Example: California

"As SB 375’s implementation unfolds, aging in place will become easier because more housing will be available close to public transportation. This will benefit older adults, since they can walk places or be close enough to services to have a choice of whether to drive, walk or take transit."

-William Craven, California Senate’s Natural Resource Committee
Transit Oriented Development creates walkable, mixed-use communities centered around high quality public transportation.
Land Use: Joint Use of Facilities

Photo courtesy of The Lafourche Gazette
Transportation

- Increased mobility options can reduce reliance on transportation by personal car:
  - Complete Streets
  - Pedestrian Safety
  - Access to Services in Rural Areas
  - Human Service Transportation Coordination
“Complete Streets” are planned, designed, built, operated and maintained to accommodate the safety and convenience of all users, including pedestrians, bicyclists, transit users and motorists, regardless of age and ability.
Complete Streets: Vermont
Transportation: Pedestrian Safety

Photo courtesy of Dan Burden, Walkable & Livable Communities Institute
Pedestrian Safety: New Jersey
Transportation: Rural Access

USA Frontier Counties, 2000 Consensus

Map courtesy of the National Center for Frontier Communities
Rural Access: Washington
Transportation: Human Service
Transportation Coordination

Older adults enjoy a bus ride in Emery County, Utah.

Photo courtesy of the Federal Transit Administration
Transportation Coordination: Minnesota

"This (unreliable level of service) causes older adults to move out of their homes and communities and forces changes that might be more expensive overall. In fact, they might be able to stay in their homes and be active members of their community if transportation services were improved."

-MINNESOTA SENATOR SCOTT DIBBLE
Housing

- Affordable, accessible housing can decrease institutionalization and meet consumer demand.
  - Affordable Housing near Transit
  - Building Standards
  - Naturally Occurring Retirement Communities (NORCs) and Communities for a Lifetime
Affordable Housing Near Transit
Housing: Building Standards

Photo courtesy of Eskaton Senior Independent Living
Building Standards: Pennsylvania
Building Standards: Texas
The New York NORC law states that services may include “…case management, care coordination, counseling, health assessment and monitoring, transportation, socialization activities, home care facilitation and monitoring, and other services designed to address the needs of residents of naturally occurring retirement communities by helping them extend their independence, improve their quality of life, and avoid unnecessary hospital and nursing home stays.”
Communities for a Lifetime: Florida
Aging in Place - What's Coming?

Photo courtesy of Schemata Workshop, Inc.
For those joining us via videoconference or webcast, please submit your questions to:

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