



# Long-Term Care in Hawai'i



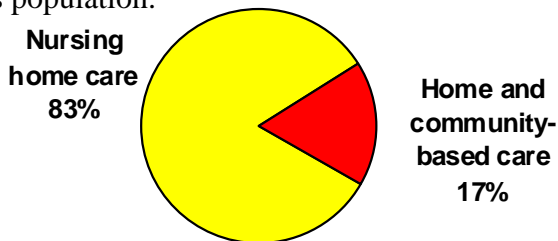
**The number of Hawai'i residents age 85 and older is projected to grow by more than 60 percent by 2030.**

Hawai'i's older population can be at greater risk for chronic illnesses and in need of long-term care. Fourteen percent of Hawai'i's population is age 65+ with 29,000 residents age 85+.<sup>1</sup> Hawai'i's age 85+ population – the age group that is most likely to need long-term care services – will grow 64% from 2007 to 2030.<sup>2</sup> This makes Hawai'i the 28th-ranked state in the projected growth rate of the 85+ population.

**Most prefer to receive long-term care at home; however, Hawai'i spends 83 percent of the state's Medicaid funds on institutional care.**

The majority of Americans age 50+ (89%) want to stay in their homes for as long as they can.<sup>3</sup> Over 217,000 Hawai'i residents rely on Medicaid, and 11% are age 65+.<sup>4</sup> Home and community-based service (HCBS) waivers allow Medicaid recipients to receive Medicaid funding for in-home care. In Hawai'i, Medicaid allows some to choose in-home care instead of nursing home care. In 2006, 2,247 Hawai'i residents 65+ with disabilities received a waiver.<sup>5</sup> In 2008, there were 100 people 65+ with disabilities who waited to receive a waiver.<sup>6</sup> On average, the Medicaid program can provide HCBS to three people for the cost of serving one person in a nursing home.<sup>7</sup>

Hawai'i spends 17% of its Medicaid long-term care dollars for older people and adults with physical disabilities on home and community-based care – ranking it 33<sup>rd</sup> in spending on home care services for this population.<sup>8</sup>



In addition, 169,000 Hawai'i residents are providing family caregiving to a loved one at home at some point in the year. This care is valued at almost \$1.5 billion.<sup>9</sup>

**Hawai'i has the 5<sup>th</sup> highest average nursing home private pay rate in the nation at \$295 per day.**

In 2007, Hawai'i's nursing homes had an occupancy rate of 95%.<sup>10</sup> This care is expensive. In 2008, Hawai'i had the 5<sup>th</sup> most expensive nursing homes in the country, with an average private pay daily rate of \$295.<sup>11</sup> Hawai'i's rates for private pay home health aides (\$20/hr) and adult day care (\$59/day) were close to the national average; however, its rate for Medicare-certified home health aides was higher than the national average (\$45/hr).<sup>12</sup>

**One-third of Hawai'i's nursing homes rated above average in health inspections.**

The Centers for Medicare and Medicaid Services (CMS) created a five-star quality rating to help consumers compare nursing homes. CMS rates nursing homes on health inspections, staffing, and quality measures.



The health inspection process is comprehensive and conducted by a trained team of objective surveyors.<sup>13</sup>

Recent studies have found that non-profit nursing homes generally deliver higher quality of care.<sup>14</sup> In 2007, 49% of Hawai'i's nursing homes were for profit (24%, non-profit; 27%, government-owned).<sup>15</sup>

**Few Americans have long-term care insurance.**

Nationally, about 7 million long-term care insurance policies were in effect in 2005, and the typical purchaser was age 61 with assets over \$100,000.<sup>16</sup> Cost is a major factor in the decision to purchase long-term care insurance. In 2008, premiums for a married couple in their sixties were about \$3,000 a year.<sup>17</sup> Hawai'i has not adopted the most recent long-term care insurance recommendations from the National Association of Insurance Commissioners (NAIC).<sup>18</sup>

## End Notes

The data utilized in this report is the most recent publicly available data collected for all states.

<sup>1</sup>Gibson, Mary Jo, Fox-Grage, Wendy, Houser, Ari. *Across the States 2009: Profiles of Long-Term Care and Independent Living: Hawaii State Report*. Page 3. AARP Public Policy Institute. Washington, D.C. URL:

[http://www.aarp.org/research/ppi/ltc/Other/articles/across\\_the\\_states\\_2009\\_profiles\\_of\\_long-term\\_care\\_and\\_independent\\_living.html](http://www.aarp.org/research/ppi/ltc/Other/articles/across_the_states_2009_profiles_of_long-term_care_and_independent_living.html)

<sup>2</sup>Gibson, Mary Jo, Fox-Grage, Wendy, Houser, Ari. *Across the States 2009: Profiles of Long-Term Care and Independent Living: Executive Summary, State Data, and Rankings*. Page 34. AARP Public Policy Institute. Washington, D.C. URL:

[http://www.aarp.org/research/ppi/ltc/Other/articles/across\\_the\\_states\\_2009\\_profiles\\_of\\_long-term\\_care\\_and\\_independent\\_living.html](http://www.aarp.org/research/ppi/ltc/Other/articles/across_the_states_2009_profiles_of_long-term_care_and_independent_living.html)

<sup>3</sup>Providing More Long-term Support and Services at Home: Why It's Critical for Health Reform. AARP Public Policy Institute, June 2009. URL:

[http://www.aarp.org/research/ppi/ltc/hcbs/articles/fs\\_hcbs\\_hcr.html](http://www.aarp.org/research/ppi/ltc/hcbs/articles/fs_hcbs_hcr.html)

<sup>4</sup>The Kaiser Family Foundation, statehealthfacts.org. State Medicaid Fact Sheets, 2006-2007: Hawai'i. URL:

<http://www.statehealthfacts.org/mfs.jsp?rgn=13&rgn=1&x=12&y=14>

<sup>5</sup>Ibid. *Medicaid 1915(c) Home and Community-Based Service Waiver Participants, by Type of Waiver, 2006*. Data Source: The Kaiser Commission on Medicaid and the Uninsured (KCMU) and The University of California at San Francisco's (UCSF) analysis based on The Centers for Medicare & Medicaid Services (CMS) Form 372, December 2009, Table 5. "Medicaid 1915(c) Home and Community-Based Service Programs: Data Update" available at <http://www.kff.org/medicaid/7720.cfm>. URL:

<http://www.statehealthfacts.org/comparetable.jsp?ind=241&cat=4>

<sup>6</sup>Ibid. *Waiting Lists for Medicaid 1915(c) Home and Community-Based Waivers, 2008*. Data Source: The Kaiser Commission on Medicaid and the Uninsured (KCMU) and The University of California at San Francisco's (UCSF) analysis based on The Centers for Medicare & Medicaid Services (CMS) Form 372, December 2009, Table 11. "Medicaid 1915(c) Home and Community-Based Service Programs: Data Update" available at <http://www.kff.org/medicaid/7720.cfm>. URL:

<http://www.statehealthfacts.org/comparetable.jsp?ind=246&cat=4&sub=62&yr=63&typ=1>

<sup>7</sup>Providing More Long-term Support and Services at Home: Why It's Critical for Health Reform. AARP Public Policy Institute, June 2009. URL:

[http://www.aarp.org/research/ppi/ltc/hcbs/articles/fs\\_hcbs\\_hcr.html](http://www.aarp.org/research/ppi/ltc/hcbs/articles/fs_hcbs_hcr.html)

<sup>8</sup>Gibson, Mary Jo, Fox-Grage, Wendy, Houser, Ari. *Across the States 2009: Profiles of Long-Term Care and Independent Living: Executive Summary, State Data, and Rankings*. Page 45. AARP Public Policy Institute. Washington, D.C. URL:

[http://www.aarp.org/research/ppi/ltc/Other/articles/across\\_the\\_states\\_2009\\_profiles\\_of\\_long-term\\_care\\_and\\_independent\\_living.html](http://www.aarp.org/research/ppi/ltc/Other/articles/across_the_states_2009_profiles_of_long-term_care_and_independent_living.html)

<sup>9</sup>Gibson, Mary Jo and Ari. *Valuing the Invaluable: The Economic Value of Caregiving, 2008 Update*. Table 2. AARP Public Policy Institute. Washington, D.C. URL: [http://www.aarp.org/research/ppi/health-care/health-costs/articles/i13\\_caregiving.html](http://www.aarp.org/research/ppi/health-care/health-costs/articles/i13_caregiving.html).

<sup>10</sup>Gibson, Mary Jo, Fox-Grage, Wendy, Houser, Ari. *Across the States 2009: Profiles of Long-Term Care and Independent Living: Executive Summary, State Data, and Rankings*. Page 66. AARP Public Policy Institute. Washington, D.C. URL:

[http://www.aarp.org/research/ppi/ltc/Other/articles/across\\_the\\_states\\_2009\\_profiles\\_of\\_long-term\\_care\\_and\\_independent\\_living.html](http://www.aarp.org/research/ppi/ltc/Other/articles/across_the_states_2009_profiles_of_long-term_care_and_independent_living.html)

<sup>11</sup>Ibid. Page 59.

<sup>12</sup>Ibid. Page 60.

<sup>13</sup>Centers for Medicare and Medicaid Services. Note: These data are updated monthly. Data for this brief was pulled on November 3, 2009. URL:

<http://www.medicare.gov/NHCompare/Include/DataSection/Questions/ProximitySearch.asp>.

<sup>14</sup>BMJ 2009 (British Medical Journal); 339:b2732.

URL: [www.pnhp.org/nursing\\_home](http://www.pnhp.org/nursing_home)

<sup>15</sup>The Kaiser Family Foundation, statehealthfacts.org. Table: *Distribution of Certified Nursing Facilities by Ownership Type, 2007*. Data Source: C. Harrington, H. Carrillo, and B. Blank. Table 7, "Nursing, Facilities, Staffing, Residents, and Facility Deficiencies, 2001 Through 2007," Department of Social and Behavioral Sciences, University of California, San Francisco, accessed September 2008. Available at <http://www.pascenter.org>. Based on the Online Survey, Certification, and Reporting system (OSCAR), Centers for Medicare and Medicaid Services, U.S. Department of Health and Human Services. URL:

<http://www.statehealthfacts.org/comparetable.jsp?ind=412&cat=8&sub=97&yr=62&typ=2>

<sup>16</sup>Kassner, Enid. Long-Term Care Insurance Fact Sheet. AARP Public Policy Institute. June 2009. URL:

[http://www.aarp.org/research/ppi/ltc/ltc-ins/articles/LTCI\\_fact\\_sheet\\_2009\\_08.html](http://www.aarp.org/research/ppi/ltc/ltc-ins/articles/LTCI_fact_sheet_2009_08.html)

<sup>17</sup>Tumlinson, Anne, Aguiar, C. and Watts, M. Closing the Long-Term Care Funding Gap: The Challenge of Private Long-Term Care Insurance. Kaiser Family Foundation. Page 6. June 2009. URL: <http://www.kff.org/insurance/upload/Closing-the-Long-Term-Care-Funding-Gap-The-Challenge-of-Private-Long-Term-Care-Insurance-Report.pdf>

<sup>18</sup>Gibson, Mary Jo, Fox-Grage, Wendy, Houser, Ari. *Across the States 2009: Profiles of Long-Term Care and Independent Living*. Page 28. AARP Public Policy Institute. Washington, D.C. URL:

[http://www.aarp.org/research/ppi/ltc/Other/articles/across\\_the\\_states\\_2009\\_profiles\\_of\\_long-term\\_care\\_and\\_independent\\_living.html](http://www.aarp.org/research/ppi/ltc/Other/articles/across_the_states_2009_profiles_of_long-term_care_and_independent_living.html)

**State Long-Term Care Brief, December, 2009**  
AARP Knowledge Management  
601 E Street, NW, Washington, DC 20049  
[www.aarp.org/research](http://www.aarp.org/research) 202.434.6320

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