

Vermont

Quick Health Facts 2010*

AARP Public Policy Institute

Demographics

| | State | U.S. |
|---|----------|----------|
| Distribution of population (projected) (%), 2010: | | |
| Age 50-64 | 22.3 | 18.9 |
| Age 65-84 | 12.2 | 11.0 |
| Age 85+ | 2.2 | 2.0 |
| Rural population (% of total), 2009 | 66.5 | 16.4 |
| Per capita personal income (average), 2008 | \$38,700 | \$40,166 |
| Family income (median), 2008 | \$63,001 | \$61,000 |
| Distribution of persons age 50-64 by family income (%), 2008: | | |
| 133% of poverty or below | 7.4 | 9.5 |
| 134%-400% of poverty | 40.1 | 39.7 |

Health Expenditures and Financing

| | State | U.S. |
|---|----------|-----------|
| Medicaid federal matching funds (%), FY2010 | 69.96 | 56.20 |
| Medicaid payments by category of enrollee (% of total Medicaid spending), FY2007 | | |
| Child | 17.1 | 20.5 |
| Adult | 12.6 | 12.4 |
| Elderly | 28.7 | 24.7 |
| Disabled | 41.6 | 42.4 |
| Total Medicaid expenditures as percent of total state spending, FY2008 | 18.9 | 20.7 |
| State Medicaid expenditures as percent of state-only spending, FY2008 | 10.2 | 12.5 |
| Total Medicare program payments (in millions), 2008 | \$740 | \$300,045 |
| Medicare spending per enrollee (average), 2008 | \$7,114 | \$8,649 |
| Average monthly Medicare Advantage payment rate, 2009 | \$726 | \$850 |
| Average total premium (employer and employee) for single coverage at private employer, 2008 | \$4,900 | \$4,386 |
| Average total premium (employer and employee) for family coverage at private employer, 2008 | \$13,091 | \$12,298 |

Health Status

| | State | U.S. |
|--|-------|-------|
| Adults age 50+ in poor or fair general health (%), 2009 | 14.0 | 20.7 |
| Adults age 18+ with a self-care limitation (in 1,000s), 2008 | 14 | 6,907 |
| High blood pressure prevalence among adults age 50+ (%), 2009 | 44.2 | 49.1 |
| Adults age 50+ who are overweight or obese (%), 2009 | 63.1 | 68.6 |
| Adults age 50+ with diabetes (%), 2009 | 11.2 | 15.5 |
| Adults age 50+ who currently smoke cigarettes (%), 2009 | 9.9 | 14.0 |
| Adults age 50+ whose mental health was not good for >1 week in month (%), 2009 | 10.9 | 11.8 |

Utilization and Quality of Services

| | State | U.S. |
|---|-------|------|
| Adults age 50+ who did not visit a doctor due to cost (%), 2009 | 5.5 | 9.5 |
| Adult immunization (%), 2009: | | |
| Pneumococcal pneumonia (age 65+) | 71.7 | 68.2 |
| Influenza (age 50+) | 56.3 | 55.5 |
| Women age 50+ receiving a mammogram (%), 2008 | 81.7 | 79.4 |
| Adults age 50+ receiving a colonoscopy or sigmoidoscopy (%), 2008 | 65.2 | 56.3 |
| Adults age 50+ receiving recommended screening and preventive care (%), 2006 | 49.3 | 42.3 |
| At-risk adults who visited a doctor for a routine checkup in the past two years (%), 2007 | 84.4 | 84.6 |
| Number of retail prescriptions filled per person by age (average), 2008 | | |
| Age 19-64 | 13 | 12 |
| Age 65+ | 30 | 30 |
| Medicare home health users (% of beneficiaries), 2008 | 9.6 | 7.1 |
| Medicare home health visits per person served (average), 2008 | 32 | 38 |

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Medicare

| | State | U.S. |
|---|-------|-----------|
| Medicare beneficiaries, 2008: | | |
| Number (in 1,000s) | 105 | 44,385 |
| Percent of population | 16.9 | 14.6 |
| Disabled Medicare beneficiaries under age 65 (% of beneficiaries), 2008 | 17.7 | 16.5 |
| Medicare beneficiaries with full or partial Medicaid (%), 2005 | 32.2 | 21.0 |
| Private supplemental coverage among Medicare beneficiaries age 65+ (%), 2008: | | |
| Employer sponsored | 33.3 | 32.9 |
| Individually purchased | 24.6 | 25.2 |
| Medicare beneficiaries paying income-related Part B premium, 2008 | 4,793 | 1,929,693 |
| Enrollment of Medicare beneficiaries in Medicare Advantage plans (%), 2010 | 4.0 | 24.1 |
| Medicare beneficiaries with creditable prescription drug coverage (%), 2010 | 86.2 | 86.5 |
| Medicare Part D enrollees receiving the low-income subsidy (in 1,000s), 2010 | 27 | 9,951 |
| Non-low income Medicare Part D enrollees who hit the coverage gap (%), 2007 | 25 | 26 |

Medicaid

| | State | U.S. |
|---|-------|------|
| Medicaid enrollment by category of enrollee (% of total Medicaid enrollees), FY2007 | | |
| Child | 41.8 | 49.5 |
| Adult | 32.0 | 25.2 |
| Elderly | 12.6 | 10.2 |
| Disabled | 13.6 | 15.1 |
| Persons under age 65 in poverty with Medicaid (% under age 65 in poverty), 2008 | 55.5 | 46.3 |
| Medicaid enrollment in managed care plans (%), as of December 2008 | 94.8 | 69.8 |

Access to Care

| | State | U.S. |
|--|--------|------------|
| Distribution of persons under age 65 by type of health coverage (%), 2008 | | |
| Uninsured | 10.6 | 17.3 |
| Employer | 66.6 | 61.1 |
| Other private | 6.5 | 6.7 |
| Medicaid | 15.0 | 12.3 |
| Other public | 1.4 | 2.6 |
| Number of uninsured adults age 50-64, 2008 | 13,058 | 7,507,723 |
| Uninsured adults age 50-64 (%), 2008 | 9.6 | 13.4 |
| Private employers that offer health insurance (%), 2008 | 56.0 | 56.4 |
| Private employers with fewer than 50 employees that offer health insurance (%), 2008 | 45.8 | 43.2 |
| Medicare certified home health agencies, 2010 | 12 | 10,135 |
| Providers who accept Medicare fee as full payment (% of providers), 2009 | 97.6 | 95.9 |
| Hospital beds (per 1,000 population), 2007 | 2.2 | 2.7 |
| Number of nurse practitioners, 2009 | 486 | 157,782 |
| Primary care physicians (per 100,000 population), 2008 | 180 | 126 |
| Population underserved by primary care physicians (%), 2010 | 2.7 | 12.4 |
| Uninsured persons with family income at or below 138% of poverty, 2008 | 13,842 | 18,957,643 |
| Uninsured persons by race/ethnicity (%), 2008 | | |
| White | 10.7 | 12.6 |
| Minority/ethnic | 8.9 | 25.5 |

* Citations and the complete *Quick Health Facts 2010* report with comparable data from other states available at: <http://www.aarp.org/research/ppi>.

"N/A" = data not available.

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