

North Carolina

Quick Health Facts 2010*

Demographics

	State	U.S.
Distribution of population (projected) (%), 2010:		
Age 50-64	18.8	18.9
Age 65-84	10.8	11.0
Age 85+	1.7	2.0
Rural population (% of total), 2009	29.4	16.4
Per capita personal income (average), 2008	\$35,249	\$40,166
Family income (median), 2008	\$53,100	\$61,000
Distribution of persons age 50-64 by family income (%), 2008:		
133% of poverty or below	9.6	9.5
134%-400% of poverty	45.8	39.7

Health Expenditures and Financing

	State	U.S.
Medicaid federal matching funds (%), FY2010	74.98	56.20
Medicaid payments by category of enrollee (% of total Medicaid spending), FY2007		
Child	23.4	20.5
Adult	11.6	12.4
Elderly	19.1	24.7
Disabled	45.9	42.4
Total Medicaid expenditures as percent of total state spending, FY2008	26.4	20.7
State Medicaid expenditures as percent of state-only spending, FY2008	15.0	12.5
Total Medicare program payments (in millions), 2008	\$9,229	\$300,045
Medicare spending per enrollee (average), 2008	\$7,853	\$8,649
Average monthly Medicare Advantage payment rate, 2009	\$789	\$850
Average total premium (employer and employee) for single coverage at private employer, 2008	\$4,460	\$4,386
Average total premium (employer and employee) for family coverage at private employer, 2008	\$12,308	\$12,298

Health Status

	State	U.S.
Adults age 50+ in poor or fair general health (%), 2009	24.6	20.7
Adults age 18+ with a self-care limitation (in 1,000s), 2008	218	6,907
High blood pressure prevalence among adults age 50+ (%), 2009	54.5	49.1
Adults age 50+ who are overweight or obese (%), 2009	68.1	68.6
Adults age 50+ with diabetes (%), 2009	18.6	15.5
Adults age 50+ who currently smoke cigarettes (%), 2009	16.2	14.0
Adults age 50+ whose mental health was not good for >1 week in month (%), 2009	13.1	11.8

Utilization and Quality of Services

	State	U.S.
Adults age 50+ who did not visit a doctor due to cost (%), 2009	10.9	9.5
Adult immunization (%), 2009:		
Pneumococcal pneumonia (age 65+)	69.8	68.2
Influenza (age 50+)	57.0	55.5
Women age 50+ receiving a mammogram (%), 2008	82.0	79.4
Adults age 50+ receiving a colonoscopy or sigmoidoscopy (%), 2008	62.4	56.3
Adults age 50+ receiving recommended screening and preventive care (%), 2006	48.0	42.3
At-risk adults who visited a doctor for a routine checkup in the past two years (%), 2007	85.8	84.6
Number of retail prescriptions filled per person by age (average), 2008		
Age 19-64	14	12
Age 65+	34	30
Medicare home health users (% of beneficiaries), 2008	6.8	7.1
Medicare home health visits per person served (average), 2008	24	38

North Carolina

Medicare

	State	U.S.
Medicare beneficiaries, 2008:		
Number (in 1,000s)	1,405	44,385
Percent of population	15.2	14.6
Disabled Medicare beneficiaries under age 65 (% of beneficiaries), 2008	20.1	16.5
Medicare beneficiaries with full or partial Medicaid (%), 2005	23.5	21.0
Private supplemental coverage among Medicare beneficiaries age 65+ (%), 2008:		
Employer sponsored	33.1	32.9
Individually purchased	26.0	25.2
Medicare beneficiaries paying income-related Part B premium, 2008	50,067	1,929,693
Enrollment of Medicare beneficiaries in Medicare Advantage plans (%), 2010	17.6	24.1
Medicare beneficiaries with creditable prescription drug coverage (%), 2010	87.9	86.5
Medicare Part D enrollees receiving the low-income subsidy (in 1,000s), 2010	354	9,951
Non-low income Medicare Part D enrollees who hit the coverage gap (%), 2007	30	26

Medicaid

	State	U.S.
Medicaid enrollment by category of enrollee (% of total Medicaid enrollees), FY2007		
Child	52.5	49.5
Adult	18.9	25.2
Elderly	11.1	10.2
Disabled	17.4	15.1
Persons under age 65 in poverty with Medicaid (% under age 65 in poverty), 2008	48.1	46.3
Medicaid enrollment in managed care plans (%), as of December 2008	68.6	69.8

Access to Care

	State	U.S.
Distribution of persons under age 65 by type of health coverage (%), 2008		
Uninsured	17.4	17.3
Employer	58.0	61.1
Other private	7.3	6.7
Medicaid	13.1	12.3
Other public	4.3	2.6
Number of uninsured adults age 50-64, 2008	201,302	7,507,723
Uninsured adults age 50-64 (%), 2008	11.8	13.4
Private employers that offer health insurance (%), 2008	54.4	56.4
Private employers with fewer than 50 employees that offer health insurance (%), 2008	38.2	43.2
Medicare certified home health agencies, 2010	168	10,135
Providers who accept Medicare fee as full payment (% of providers), 2009	96.8	95.9
Hospital beds (per 1,000 population), 2007	2.6	2.7
Number of nurse practitioners, 2009	3,395	157,782
Primary care physicians (per 100,000 population), 2008	111	126
Population underserved by primary care physicians (%), 2010	6.4	12.4
Uninsured persons with family income at or below 138% of poverty, 2008	613,485	18,957,643
Uninsured persons by race/ethnicity (%), 2008		
White	12.7	12.6
Minority/ethnic	25.5	25.5

* Citations and the complete *Quick Health Facts 2010* report with comparable data from other states available at: <http://www.aarp.org/research/ppi>

"N/A" = data not available.

Compiled by Leigh Purvis, AARP Public Policy Institute, July 2010.

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