

### Demographics

	State	U.S.
Distribution of population (projected) (%), 2010:		
Age 50-64	19.5	18.9
Age 65-84	12.1	11.0
Age 85+	2.8	2.0
Rural population (% of total), 2009	43.3	16.4
Per capita personal income (average), 2008	\$37,509	\$40,166
Family income (median), 2008	\$64,289	\$61,000
Distribution of persons age 50-64 by family income (%), 2008:		
133% of poverty or below	6.0	9.5
134%-400% of poverty	44.7	39.7

### Health Expenditures and Financing

	State	U.S.
Medicaid federal matching funds (%), FY2010	72.55	56.20
Medicaid payments by category of enrollee (% of total Medicaid spending), FY2007		
Child	15.6	20.5
Adult	10.5	12.4
Elderly	24.2	24.7
Disabled	49.8	42.4
Total Medicaid expenditures as percent of total state spending, FY2008	17.9	20.7
State Medicaid expenditures as percent of state-only spending, FY2008	10.8	12.5
Total Medicare program payments (in millions), 2008	\$3,034	\$300,045
Medicare spending per enrollee (average), 2008	\$6,842	\$8,649
Average monthly Medicare Advantage payment rate, 2009	\$752	\$850
Average total premium (employer and employee) for single coverage at private employer, 2008	\$4,146	\$4,386
Average total premium (employer and employee) for family coverage at private employer, 2008	\$10,947	\$12,298

### Health Status

	State	U.S.
Adults age 50+ in poor or fair general health (%), 2009	17.2	20.7
Adults age 18+ with a self-care limitation (in 1,000s), 2008	54	6,907
High blood pressure prevalence among adults age 50+ (%), 2009	46.1	49.1
Adults age 50+ who are overweight or obese (%), 2009	70.8	68.6
Adults age 50+ with diabetes (%), 2009	13.6	15.5
Adults age 50+ who currently smoke cigarettes (%), 2009	12.8	14.0
Adults age 50+ whose mental health was not good for >1 week in month (%), 2009	7.9	11.8

### Utilization and Quality of Services

	State	U.S.
Adults age 50+ who did not visit a doctor due to cost (%), 2009	5.1	9.5
Adult immunization (%), 2009:		
Pneumococcal pneumonia (age 65+)	69.9	68.2
Influenza (age 50+)	60.1	55.5
Women age 50+ receiving a mammogram (%), 2008	79.4	79.4
Adults age 50+ receiving a colonoscopy or sigmoidoscopy (%), 2008	58.4	56.3
Adults age 50+ receiving recommended screening and preventive care (%), 2006	42.9	42.3
At-risk adults who visited a doctor for a routine checkup in the past two years (%), 2007	85.6	84.6
Number of retail prescriptions filled per person by age (average), 2008		
Age 19-64	14	12
Age 65+	33	30
Medicare home health users (% of beneficiaries), 2008	4.3	7.1
Medicare home health visits per person served (average), 2008	25	38

# Iowa

## Medicare

	State	U.S.
Medicare beneficiaries, 2008:		
Number (in 1,000s)	506	44,385
Percent of population	16.9	14.6
Disabled Medicare beneficiaries under age 65 (% of beneficiaries), 2008	13.4	16.5
Medicare beneficiaries with full or partial Medicaid (%), 2005	15.1	21.0
Private supplemental coverage among Medicare beneficiaries age 65+ (%), 2008:		
Employer sponsored	22.0	32.9
Individually purchased	55.7	25.2
Medicare beneficiaries paying income-related Part B premium, 2008	14,829	1,929,693
Enrollment of Medicare beneficiaries in Medicare Advantage plans (%), 2010	13.0	24.1
Medicare beneficiaries with creditable prescription drug coverage (%), 2010	89.3	86.5
Medicare Part D enrollees receiving the low-income subsidy (in 1,000s), 2010	85	9,951
Non-low income Medicare Part D enrollees who hit the coverage gap (%), 2007	33	26

## Medicaid

	State	U.S.
Medicaid enrollment by category of enrollee (% of total Medicaid enrollees), FY2007		
Child	47.9	49.5
Adult	27.8	25.2
Elderly	9.0	10.2
Disabled	15.3	15.1
Persons under age 65 in poverty with Medicaid (% under age 65 in poverty), 2008	46.1	46.3
Medicaid enrollment in managed care plans (%), as of December 2008	81.6	69.8

## Access to Care

	State	U.S.
Distribution of persons under age 65 by type of health coverage (%), 2008		
Uninsured	10.7	17.3
Employer	68.9	61.1
Other private	9.1	6.7
Medicaid	9.3	12.3
Other public	2.0	2.6
Number of uninsured adults age 50-64, 2008	44,501	7,507,723
Uninsured adults age 50-64 (%), 2008	7.4	13.4
Private employers that offer health insurance (%), 2008	55.2	56.4
Private employers with fewer than 50 employees that offer health insurance (%), 2008	41.9	43.2
Medicare certified home health agencies, 2010	173	10,135
Providers who accept Medicare fee as full payment (% of providers), 2009	96.5	95.9
Hospital beds (per 1,000 population), 2007	3.5	2.7
Number of nurse practitioners, 2009	1,265	157,782
Primary care physicians (per 100,000 population), 2008	112	126
Population underserved by primary care physicians (%), 2010	11.3	12.4
Uninsured persons with family income at or below 138% of poverty, 2008	109,765	18,957,643
Uninsured persons by race/ethnicity (%), 2008		
White	9.9	12.6
Minority/ethnic	16.6	25.5

\* Citations and the complete *Quick Health Facts 2010* report with comparable data from other states available at: <http://www.aarp.org/research/ppi>.

"N/A" = data not available.

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