AARP’S Best Books Series
Creativity in Later Life


The Ulyssean Adult: Creativity in the Middle and Later Years by John A. B. McLeish. (McGraw-Hill Ryerson, 1976)


Aging, Creativity, and Art: A Positive Perspective on Late-Life Development by Martin S. Lindauer. (Springer, 2003)

Also Recommended

Aging Well: Surprising Guideposts to a Happier Life by George Vaillant. (Little, Brown, 2002)

Secrets of Becoming a Late Bloomer: Extraordinary Ordinary People on the Art of Staying Creative, Aware, and Involved in Midlife and Beyond by Connie Goldman and Richard Mahler. (Hazelden, 2000)


Late Thoughts: Reflections on Artists and Composers at Work edited by Karen Painer and Thomas Crowe. (Getty Trust Publications, 2006)

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