



AARP'S Best Books Series

## Creating a Personal Legacy

**Ethical Wills: Putting Your Values on Paper (2<sup>nd</sup> ed.)** by Barry K. Baines. (DaCapo Press, 2006)

**From Age-ing to Sage-ing: A Profound New Vision of Growing Older** by Zalman Schachter-Shalomi and Ronald S. Miller. (Warner Books, 1997)

**The Generative Society: Caring for Future Generations** by E. De St. Aubin, D. P. McAdams and T. C. Kim (Eds.). (American Psychological Association, 2004)

**Generativity and Adult Development: How and Why We Care for the Next Generation** by D. P. McAdams and E. De St. Aubin (Eds.). (American Psychological Association, 1998)

**Make It Count: How to Generate a Legacy That Gives Meaning to Your Life** by John Kotre. (Simon & Schuster, 1999)

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### *Also Recommended*

**Caring and Doing for Others: Social Responsibility in the Domains of Family, Work, and Community** by Alice Rossi, (Ed.). (University of Chicago Press, 2001)

**Ethical Wills: A Modern Jewish Treasury** by Jack Riemer and Nathaniel Stampfer, (Eds.). (Schocken Books, 1983)

**Legacy: A Step-By-Step Guide to Writing Personal History** by Linda Spence. (Swallow Press, 1997)

**Outliving the Self: How We Live on in Future Generations** by John Kotre. (W. W. Norton, 1984)

**Vital Involvement in Old Age: The Experience of Old Age in Our Time** by E. H. Erikson, J. Erikson and H. Kivnick. (W. W. Norton, 1994)

**What Are Old People for? How Elders Will Save the World** by William Thomas. (VanderWyk & Burnham, 2004)

List compiled by:

**Susan H. McFadden, Ph.D., Professor and Chair of the Psychology Department at the University of Wisconsin-Oshkosh.** She and Robert Atchley co-edited *Aging and the Meaning of Time*, which was recently released in paperback by Springer Publishing Co.

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Susan H. McFadden

Susan McFadden is the Chair of the UW-Oshkosh Psychology Department where she has taught since 1985. Her main interests are in the area of adult development and aging and the psychology of religion. She has combined these interests in a number of research projects and scholarly articles that address the role of religion and spirituality in adjustment to the aging process. Dr. McFadden also works with people with advanced dementia. She is interested in their expressions of creativity, emotion, and sociability, as well as the effects of their living environments on their behavior.

Dr. McFadden's work has appeared in the *Journal of Religious Gerontology* and *Geriatric Care Management Journal*. She has co-edited numerous books on religion, spirituality, and aging.