



AARP'S Best Books Series  
**Creativity in Later Life**

**The Creative Age: Awakening Human Potential in the Second Half of Life** by Gene Cohen. (HarperCollins, 2001)

**The Wisdom Paradox: The New Science of Wisdom and How Your Mind Can Grow Stronger As Your Brain Grows Older** by Elkhonon Goldberg. (Gotham, 2005)

**The Ulyssean Adult: Creativity in the Middle and Later Years** by John A. B. McLeish. (McGraw-Hill Ryerson, 1976)

**Creativity and Successful Aging: Theoretical and Empirical Approaches** edited by Carolyn Adams-Price. (Springer, 1998)

**Aging, Creativity, and Art: A Positive Perspective on Late-Life Development** by Martin S. Lindauer. (Springer, 2003)

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***Also Recommended***

**Aging Well: Surprising Guideposts to a Happier Life** by George Vaillant. (Little, Brown, 2002)

**Secrets of Becoming a Late Bloomer: Extraordinary Ordinary People on the Art of Staying Creative, Aware, and Involved in Midlife and Beyond** by Connie Goldman and Richard Mahler. (Hazelden, 2000)

**Creative Aging: A Meaning-Making Perspective** by Mary Baird Carlsen. (Norton, 1991)

**Late Thoughts: Reflections on Artists and Composers at Work** edited by Karen Painer and Thomas Crowe. (Getty Trust Publications, 2006)

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