



**Weathering the Storm: The Impact of the Great  
Recession on Long-Term Services and Supports**  
State Profile: **NEW YORK**

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# INTRODUCTION

*Weathering the Storm: The Impact of the Great Recession on Long-Term Services and Supports* is the most comprehensive analysis to date on the budget cuts to both Medicaid and non-Medicaid funded long-term services and supports (LTSS) in each state. It also illustrates state-by-state how LTSS are financed. In addition, this study provides a very early snapshot of the likelihood of states pursuing some of the LTSS provisions within the Affordable Care Act (ACA).

*Weathering the Storm* contains several components:

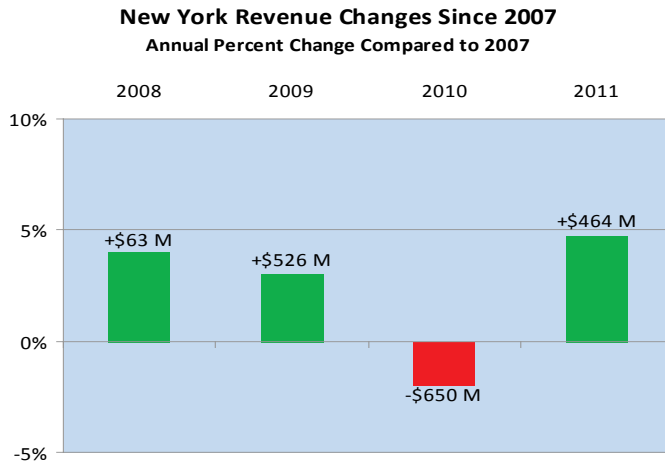
- The full report with an overview of findings and state-by-state tables;
- State profiles, which are 4 to 5 pages in length, for each state that participated in the study;
- An In Brief, which is a short synopsis; and
- A videotaped interview about the key findings.

Hard copies of *Weathering the Storm* are available free of charge. To order, please call the AARP Public Policy Institute at (202) 434-3890 or email [jgasaway@aarp.org](mailto:jgasaway@aarp.org).

All of the components of *Weathering the Storm* are also available on the web and can be found at [www.aarp.org/ppi](http://www.aarp.org/ppi), [www.nasuad.org](http://www.nasuad.org), and [www.healthmanagement.com](http://www.healthmanagement.com).

# NEW YORK

## TAX COLLECTIONS



Source: HMA analysis of state tax collection data from the National Association of State Budget Officers (NASBO), Spring Fiscal Survey of States, 2008 (for baseline 2007 data); Spring Fiscal Survey of States, 2009 (for 2008 data) and Spring Fiscal Survey of States, 2010 (for 2009 actual, 2010 estimated, and 2011 projected). Revenue represents the following taxes if collected by the state: **Personal Income, Corporate, and Sales**. Percent change and change in amount collected (in millions) represents the divergence between the state fiscal year noted and baseline SFY 2007.

## ARRA FUNDING

### IMPACT OF ARRA ENHANCED MEDICAID FMAP EXPIRATION

- New York avoided proportional reductions across most state agencies because of the enhanced FMAP extension.

### PREDICTED IMPACT OF THE EXPIRATION OF THE ARRA NUTRITION FUNDING

- Waiting lists will increase.
- Services will be reduced.

## STATE UNIT ON AGING AND DISABILITY (NON-MEDICAID) SERVICES

### STATE UNIT ON AGING NUMBER SERVED (UNDUPLICATED)

SFY 2009 (actual)	SFY 2010 (projected)	SFY 2011 (projected)	% Change SFY 2009–2011
599,031	538,519	None Listed	NA

### STATE UNIT ON AGING TOTAL EXPENDITURE REDUCTIONS – ACTION TAKEN

SFY 2009–2010	SFY 2010–2011
5% or less	Don't Know

STATE UNIT ON AGING SERVICE DEMAND AND EXPENDITURE CHANGES

Program	Change in Expenditures		Change in Service Requests
	SFY 2009–2010	SFY 2010–2011	SFY 2009–2010
Adult Foster Care	NA	NA	DK
Adult Day Care	-		+
Adult Protective Services	NA		DK
Assisted Living	NA		DK
Behavioral Supports	NA		DK
Case Management	-		+
Chore	-		+
Community Transition	NA		DK
Congregate Meals	-		DK
Day Habilitation	NA		DK
Disease Prevention/Health Promotion	-		DK
Elder Abuse Prevention	-		+
Environmental Modifications	-		DK
Equipment and Supplies	-		DK
Family Caregiver Support	-		+
Food Stamps/Supplemental Nutrition Assistance Program			+
Foreclosure Counseling	NA		DK
Homemaker	-		+
Home-Delivered Meals	-		+
Housing Assistance	NA		+
Information and Referral	-		+
Legal Assistance Development	NA		DK
LIHEAP			+
Long-Term Care Ombudsman	-		DK
Nutritional Supplements	-		DK
Occupational Therapy	NA		DK
Personal Care/Assistance	-		+
Physical Therapy	NA		DK
Recreational Therapy	NA		DK
Residential Habilitation	NA		DK
Respite	-		+
Senior Community Service Employment Program	0		DK
Senior Centers	-		-
Speech Therapy	NA		DK
State Adult Guardianship Program	NA		DK
State Pharmaceutical Assistance	NA		-
Supported Employment	NA		DK
Supported Living	NA		DK
Transportation	-		+
+ Expenditure/demand increase	0	No change in expenditure/demand	DK Don't know
- Expenditure/demand decrease	NA	Program not administered by SUA	

STATE UNIT ON AGING NON-MEDICAID HCBS EXPENDITURES

SFY 2009 (actual)	SFY 2010 (projected)	SFY 2011 (appropriation)	% Change SFY 2009–2010
\$115,000,000	\$110,000,000	None Listed	-4%

## MEDICAID LONG-TERM SERVICES & SUPPORTS

### NUMBER OF BENEFICIARIES: WAIVERS & NURSING FACILITIES

Waiver Name	Avg. Daily Caseload			% Change
	SFY 2009	SFY 2010	SFY 2011 (planned)	SFY 2009– 2010
<b>None Listed</b>				
Nursing Facility Services	Avg. Daily Census 2010		Expected Change 2011	
<b>NF Average Daily Census*</b>				

- The New York legislature passed a plan to buy back 6,000 beds between 2009 and 2014. In the first year, 1,500 beds were taken out of service. Nursing facilities are now turning to assisted living, waiver programs, or providing housing. Some providers are getting out of the long-term services and supports (LTSS) business altogether.
- New York's Certificate Of Need (CON) planning projects that the state will need more nursing facility beds by 2016 due to an aging population.

### LTSS EXPENDITURES (FEDERAL AND STATE)

Service	SFY 2009	SFY 2010 (Estimate)	SFY 2011 (Appropriation)	% Change SFY 2009–2010
<b>HCBS Waivers (For Older People and Adults with Physical Disabilities)</b>				
<b>Medicaid LTSS State Plan</b>				
<b>Nursing Facility</b>				

### LTSS PROVIDER PAYMENT RATE CHANGES

Provider Type	SFY 2009–2010 % change	SFY 2010–2011 % change
<b>Nursing Home</b>	-	-1.1%
<b>Home Health</b>	-	-1.1%
<b>Personal Care Services</b>	-	-1.1%
<b>HCBS Waiver Services</b>	-	-1.1%
+ Provider rate increase    - Provider rate decrease    0 No change in provider rate		NA Not applicable

- In SFY 2010, the state did not implement trend factors for nursing facilities, so rates stayed the same. Nursing facility rates have undergone changes between 2006 and 2010 that included updating the base year, using Medicaid-only case mix, and changes to bed hold payment policy, which overall resulted in a \$30 million decrease. This is not significant to the \$6 billion base budget.
- Effective for payments made on or after September 16, 2010, the state implemented a 1.1% across-the-board reduction to all Medicaid payments to remain in effect through March 31, 2011. Some services (such as Federally Qualified Health Centers and Hospice) are exempt.

**OPTIONS, OUTLOOK, AND PROMISING PRACTICES**

The Medicaid agency and State Unit on Aging were asked about their intent to pursue options under health care reform, to provide their thoughts on the outlook for LTSS, and to share promising practices in their state. This section combines information from both agencies if both agencies responded.

See the Overview for descriptions of these provisions.

State's Intent to Pursue LTSS Provisions in the Affordable Care Act	Very Likely	Somewhat Likely	Not Likely	Don't Know
State Balancing Incentive Program		X		
Community First Choice Option		X		
Money Follows the Person Demonstration				
1. Apply for new program				
2. Apply for extension of existing program	X			
Medical/Health Home Initiative				
1. Agency applying for planning grant	X			
2. State plan amendment to establish medical/health home services		X		
3. Apply to establish community health teams				X

**STATE PRIORITIES: 18–24 MONTHS**

- Develop stronger partnerships and better coordination; help communities implement comprehensive planning processes to solve their own problems.
- Implement universal assessment tool across programs (e.g., RAI Home Care Tool, an assessment and care planning system).

**STATE ISSUES**

- State budget: Investments are not being made during difficult budget times.
- Maintenance of the core Older Americans Act services.
- Use of volunteers, development of care transitions, and the organization of health, wellness, and prevention efforts.
- Lack of sufficient workforce to provide community-based services (outside of New York City).
- Lack of consumer understanding of the LTSS system.

**STATE PROMISING PRACTICES**

- Implementing NY Connects, the statewide Aging and Disability Resource Center.
- Reducing nursing facility beds over time.
- Improving nursing facility quality.

The information in this profile represents information available to state officials at a point in time. Surveys were conducted from June through September 2010. New York's fiscal year begins April 1 and ends March 30.