



**Weathering the Storm: The Impact of the Great  
Recession on Long-Term Services and Supports**  
State Profile: MARYLAND

Jenna Walls  
Kathleen Gifford  
Catherine Rudd  
Health Management Associates

Rex O'Rourke  
Martha Roherty  
Lindsey Copeland  
National Association of States  
United for Aging and Disabilities

Wendy Fox-Grage  
AARP Public Policy Institute

# INTRODUCTION

*Weathering the Storm: The Impact of the Great Recession on Long-Term Services and Supports* is the most comprehensive analysis to date on the budget cuts to both Medicaid and non-Medicaid funded long-term services and supports (LTSS) in each state. It also illustrates state-by-state how LTSS are financed. In addition, this study provides a very early snapshot of the likelihood of states pursuing some of the LTSS provisions within the Affordable Care Act (ACA).

*Weathering the Storm* contains several components:

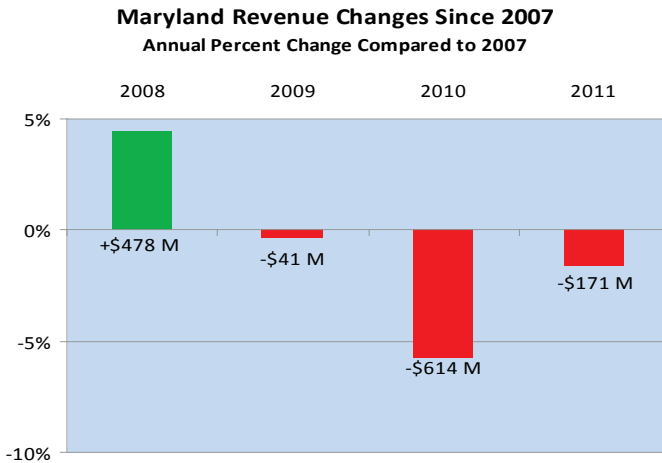
- The full report with an overview of findings and state-by-state tables;
- State profiles, which are 4 to 5 pages in length, for each state that participated in the study;
- An In Brief, which is a short synopsis; and
- A videotaped interview about the key findings.

Hard copies of *Weathering the Storm* are available free of charge. To order, please call the AARP Public Policy Institute at (202) 434-3890 or email [jgasaway@aarp.org](mailto:jgasaway@aarp.org).

All of the components of *Weathering the Storm* are also available on the web and can be found at [www.aarp.org/ppi](http://www.aarp.org/ppi), [www.nasuad.org](http://www.nasuad.org), and [www.healthmanagement.com](http://www.healthmanagement.com).

# MARYLAND

## TAX COLLECTIONS



Source: HMA analysis of state tax collection data from the National Association of State Budget Officers (NASBO), Spring Fiscal Survey of States, 2008 (for baseline 2007 data); Spring Fiscal Survey of States, 2009 (for 2008 data) and Spring Fiscal Survey of States, 2010 (for 2009 actual, 2010 estimated, and 2011 projected). Revenue represents the following taxes if collected by the state: **Personal Income, Corporate, and Sales**. Percent change and change in amount collected (in millions) represents the divergence between the state fiscal year noted and baseline SFY 2007.

## ARRA FUNDING

### IMPACT OF ARRA ENHANCED MEDICAID FMAP EXPIRATION

### PREDICTED IMPACT OF THE EXPIRATION OF THE ARRA NUTRITION FUNDING

- Waiting lists will increase.
- Services will be reduced.

## STATE UNIT ON AGING AND DISABILITY (NON-MEDICAID) SERVICES

### STATE UNIT ON AGING NUMBER SERVED (UNDUPLICATED)

SFY 2009 (actual)	SFY 2010 (projected)	SFY 2011 (projected)	% Change SFY 2009–2011
220,336	210,000	215,000	-2%

### STATE UNIT ON AGING TOTAL EXPENDITURE REDUCTIONS – ACTION TAKEN

SFY 2009–2010	SFY 2010–2011
5% or less	5% or less

MARYLAND

STATE UNIT ON AGING SERVICE DEMAND AND EXPENDITURE CHANGES

Program	Change in Expenditures		Change in Service Requests
	SFY 2009–2010	SFY 2010–2011	SFY 2009–2010
Adult Foster Care	NA	NA	DK
Adult Day Care	NA	NA	DK
Adult Protective Services	NA	NA	DK
Assisted Living	-	0	+
Behavioral Supports	NA	NA	DK
Case Management	0	0	+
Chore	0	0	+
Community Transition	+	+	+
Congregate Meals	+	+	0
Day Habilitation	NA	NA	DK
Disease Prevention/Health Promotion	+	+	+
Elder Abuse Prevention	0	0	+
Environmental Modifications	0	0	+
Equipment and Supplies	NA	NA	DK
Family Caregiver Support	+	+	+
Food Stamps/Supplemental Nutrition Assistance Program			DK
Foreclosure Counseling	NA	NA	DK
Homemaker	+	+	-
Home-Delivered Meals	+	+	+
Housing Assistance	NA	NA	DK
Information and Referral	-	0	+
Legal Assistance Development	+	+	+
LIHEAP			DK
Long-Term Care Ombudsman	+	+	+
Nutritional Supplements	NA	NA	DK
Occupational Therapy	NA	NA	DK
Personal Care/Assistance	-	0	+
Physical Therapy	NA	NA	DK
Recreational Therapy	NA	NA	DK
Residential Habilitation	NA	NA	DK
Respite	NA	NA	+
Senior Community Service Employment Program	+	+	+
Senior Centers	-	0	0
Speech Therapy	NA	NA	DK
State Adult Guardianship Program	0	0	+
State Pharmaceutical Assistance	NA	NA	DK
Supported Employment	NA	NA	DK
Supported Living	NA	NA	DK
Transportation	NA	NA	DK
+ Expenditure/demand increase	0	No change in expenditure/demand	DK Don't know
- Expenditure/demand decrease	NA	Program not administered by SUA	

STATE UNIT ON AGING NON-MEDICAID HCBS EXPENDITURES

SFY 2009 (actual)	SFY 2010 (projected)	SFY 2011 (appropriation)	% Change SFY 2009–2010
\$12,584,628	\$12,561,437	\$12,424,090	0%

MARYLAND

MEDICAID LONG-TERM SERVICES & SUPPORTS

NUMBER OF BENEFICIARIES: WAIVERS & NURSING FACILITIES

Waiver Name	Avg. Daily Caseload			% Change
	SFY 2009	SFY 2010	SFY 2011 (planned)	SFY 2009–2010
<b>Older Adults Waiver Program</b>	3,571	3,587	3,610	0%
<b>Nursing Facility Services</b>	Avg. Daily Census 2010		Expected Change 2011	
<b>NF Average Daily Census</b>				

LTSS EXPENDITURES (FEDERAL AND STATE)

Service	SFY 2009	SFY 2010 (Estimate)	SFY 2011 (Appropriation)	% Change SFY 2009–2010
<b>HCBS Waivers (For Older People and Adults with Physical Disabilities)</b>				
<b>Medicaid LTSS State Plan</b>				
<b>Nursing Facility</b>				

LTSS PROVIDER PAYMENT RATE CHANGES

Provider Type	SFY 2009–2010 % change	SFY 2010–2011 % change
<b>Nursing Home</b>		
<b>Home Health</b>		
<b>Personal Care Services</b>		
<b>HCBS Waiver Services</b>		
+ Provider rate increase    - Provider rate decrease    0 No change in provider rate		NA Not applicable

OPTIONS, OUTLOOK, AND PROMISING PRACTICES

The Medicaid agency and State Unit on Aging were asked about their intent to pursue options under health care reform, to provide their thoughts on the outlook for LTSS, and to share promising practices in their state. This section combines information from both agencies if both agencies responded. See the Overview for descriptions of these provisions.



## MARYLAND

State's Intent to Pursue LTSS Provisions in the Affordable Care Act	Very Likely	Somewhat Likely	Not Likely	Don't Know
State Balancing Incentive Program				X
Community First Choice Option				X
<b>Money Follows the Person Demonstration</b>				
1. Apply for new program				
2. Apply for extension of existing program	X			
<b>Medical/Health Home Initiative</b>				
1. Agency applying for planning grant				X
2. State plan amendment to establish medical/health home services				X
3. Apply to establish community health teams				X

### STATE PRIORITIES: 18–24 MONTHS

- Maryland's priority is to expand Maryland Access Point (MAP), the state's Aging and Disability Resource Center (ADRC). The following programs either are or will become operational within the MAP infrastructure in the next 12 months: Money Follows the Person (currently moving into its second year of operation through 19 Area Agency on Aging (AAA) or MAP sites; a statewide MAP web-based searchable database on LTSS and information (access to information became public in October 2010); Community Living Program in five MAP locations diverting people from nursing home placement and Medicaid spend-down and providing a participant-directed flexible budget benefit; Veterans' Directed Home and Community-Based Services (HCBS) in at least two MAP sites modeled on the Community Living Program; a Person-Centered Hospital Discharge Program in six MAP sites designed to assist hospital discharge patients to successfully return to the community and to reduce readmissions; the development of a five-year strategic plan for the MAP Program; and the development of operational standards for the MAP Program.

### STATE ISSUES

- Expanding the ADRC program statewide.
- Stabilizing the Money Follows the Person program.
- Implementing new federal grant initiatives, and growing nursing home diversion programs through state and Older Americans Act funding.

### STATE PROMISING PRACTICES

- The Maryland Access Point (MAP) has become an intersection to all other LTSS balancing initiatives and is helping to shape LTSS infrastructure and policy in the state. MAP is integral to the state's Money Follows the Person grant, and it is the primary conduit for new pilot programs implementing and testing ways to divert people from nursing homes, increase participant self-direction, and expand community-based providers.

The information in this profile represents information available to state officials at a point in time. Surveys were conducted from June through September 2010. Maryland's fiscal year begins July 1 and ends June 30.