



AARP'S Best Books Series
Creativity in Later Life

The Creative Age: Awakening Human Potential in the Second Half of Life by Gene Cohen. (HarperCollins, 2001)

The Wisdom Paradox: The New Science of Wisdom and How Your Mind Can Grow Stronger As Your Brain Grows Older by Elkhonon Goldberg. (Gotham, 2005)

The Ulyssean Adult: Creativity in the Middle and Later Years by John A. B. McLeish. (McGraw-Hill Ryerson, 1976)

Creativity and Successful Aging: Theoretical and Empirical Approaches edited by Carolyn Adams-Price. (Springer, 1998)

Aging, Creativity, and Art: A Positive Perspective on Late-Life Development by Martin S. Lindauer. (Springer, 2003)

Also Recommended

Aging Well: Surprising Guideposts to a Happier Life by George Vaillant. (Little, Brown, 2002)

Secrets of Becoming a Late Bloomer: Extraordinary Ordinary People on the Art of Staying Creative, Aware, and Involved in Midlife and Beyond by Connie Goldman and Richard Mahler. (Hazelden, 2000)

Creative Aging: A Meaning-Making Perspective by Mary Baird Carlsen. (Norton, 1991)

Late Thoughts: Reflections on Artists and Composers at Work edited by Karen Painer and Thomas Crowe. (Getty Trust Publications, 2006)

List compiled by:

Harry R. Moody, Ph.D., Director of AARP's Office of Academic Affairs, Washington, D.C.

Produced by AARP's [Office of Academic Affairs](#) and the [AgeLine Database](#) Team
Search AARP's AgeLine Database at www.aarp.org/ageline
For additional information, contact ageline@aarp.org

Harry R. Moody

Harry R. Moody is Director of Academic Affairs for AARP in Washington, DC. He is the author of many books and articles in the field of gerontology and lectures on later life creativity. He edits a monthly newsletter on positive aging, "Human Values in Aging," which is available at no charge upon request to: valuesinaging@yahoo.com.